

Workwise Women

The Workwise Women program is now taking enrolments.

This **free** five-week program provides a safe and supportive environment for women to:

- Identify skill sets and strengths
- Establish goals and action plans relating to employment and training
- Create strategies for self-care and resilience during periods of transition
- Develop assertiveness, confidence and a sense of personal style and identity.

Facilitated by a professional careers advisor from The Gordon's Skills and Jobs Centre, the program incorporates a range of learning styles in a fun and interactive environment.

The program is open to all women, but is particularly helpful for women who are:

- Returning to work after parental or carer responsibilities
- Making a career change and investigating new opportunities
- Reinventing themselves after a transition period.

At the completion of the course, participants will also receive a consultation with one of our careers advisors, to consolidate your next step.



Program outline

- 1** How, where and why we work. Career decisions in 2021
- 2** Transferable skills, the key to employability
- 3** Self-assertiveness and emotional intelligence
- 4** Support to assist your return to work
- 5** Identifying goals and implementing change

Bookings are essential.

Dates:

Term 2: Thursday's 29 April - 27 May

Term 3: Thursday's 22 July - 19 Aug

Term 4: Thursday's 14 October - 11 November

Duration: 5 classes each term

Time: 10am - 12pm

Venue: Skills and Jobs Centre, East Geelong Campus, H Building H1.02

Bookings and further information

The Gordon Skills and Jobs Centre

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