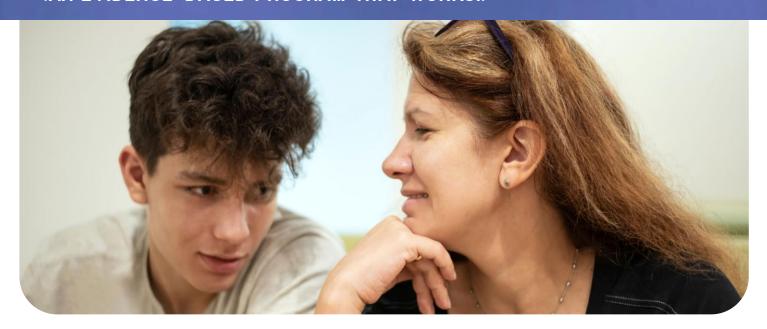
TUNING INTO TEENS

(AN EVIDENCE-BASED PROGRAM THAT WORKS!)



Would you like to learn ways In which to connect with your young person on an emotional level and find ways to help your teen strengthen their emotional intelligence?

Does your young person struggle to articulate their thoughts and feelings and often become angry and aggressive or withdraw from you?

Join us over six sessions to learn strategies and skills to help your teen express their emotions in healthy and positive ways.

\$20 or free with concession card
Book on our website **www.ds.org.au**under Parenting Groups

Kurrambee Community Centre

12 Merrijig Road

Torquay

- April 29th 7-9pm
- May 6th 7-9pm
- May 13th 7-9 pm
- May 20th 7-9pm
- May 27th 7-9 pm
- June 3rd 7-9pm

= All in person





Enquiries to Julie on 9663 6733



